

Lesson 9

Super Spiccato

How to use this Fun Sheet?

1. Watch the video lesson
2. Read through this fun sheet

If you don't remember how to do an exercise exactly, rewatch that bit of the video. Put this fun sheet on your music stand (printed or on your phone).

PRACTICE! Do the exercises daily for at least one week.

Review bits of the video and this fun sheet on a regular basis to make sure your practice leads to perfection.

Celebrate and write down your results and go to the next lesson!

What you'll achieve:

A beautiful spiccato with control and a good sound by applying the principles you've learned in the previous lessons.

In spiccato your bow and hand work together

What you've learned:

00:25 What is spiccato and what is it not?

I demonstrate right and wrong spiccato and explain about how your bow and hand work together.

03:42 Find your ideal spiccato spot

This depends on your bow and the spiccato tempo. Usually it's just above the balance point of the bow.

What you can play with:

Do all exercises 5 to 9 times a day in the coming week

02:22 Put down spiccato

Make a U shape with the bow by bending and stretching your fingers.

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05:17 Get control over your spiccato

Practice spiccato with a metronome. Start with four spiccato bow strokes a beat at sixty beat per minute. Increase the tempo by 4 to 6 beats until you can do spiccato at a hundred beats per minute.

Spiccato practice schedule

This is how it can look like, but please adjust it to your own progress.

Week 1: mm 54

Week 2: mm 60, 66, 72

Week 3: mm 66,72,78

Week 4: mm 72,78,84

Week 5: mm 78,84,88

Week 6: mm 84,88,92

Week 7: mm 88,92,96

Week 8: mm 92,96,104

You can practice spiccato on open strings, in a scale or in an etude. For my students I often use Wohlfahrt etude nr 1. [On this website](#) you can download the Wohlfahrt etude books for free in case you don't have them.

Happy practicing and see you in the next lesson once you've done these exercises daily for AT LEAST one week ;).

When you don't have experience with spiccato, it takes on average eight to ten weeks to learn a basic spiccato.

Unveil the Spiccato Secrets!

In my extensive online program Bow like a Pro I've got dozens of videos and exercises on spiccato.

I personally give you all the guidance and feedback you need. Besides that we've got some awesome guest teachers!

With the coupon code *iClassicalAcademy* you get the FULL tuition you paid for this course as a discount on Bow like a Pro.

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