

Lesson 5

Smooth String Crossings

How to use this Fun Sheet?

1. Watch the video lesson
2. Read through this fun sheet

If you don't remember how to do an exercise exactly, rewatch that bit of the video. Put this fun sheet on your music stand (printed or on your phone).

PRACTICE! Do the exercises daily for at least one week.

Review bits of the video and this fun sheet on a regular basis to make sure your practice leads to perfection.

Celebrate and write down your results and go to the next lesson!

What you'll achieve:

- Basics of string crossings
- Advanced and fast string crossings

Slow and fast string crossings require a different technique

What you've learned:

00:13 Basics of string crossings

Learn how small a string crossing can be and what the arm position is for each string.

01:52 Fast and advanced string crossings

Apply the wrist and finger movements you learned in the previous lessons to string crossings.

02:58 Example of fast string crossings in slow motion

Yay, I sound like a cello!

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What you can play with:

Do all exercises 5 to 9 times a day in the coming week

00:33 Silent string crossing exercise

Make a Galamian square and move your bow silently from string to string.

03:43 Fast string crossings

Practice fast string crossings on open strings, in one of the etudes I mention below or in something you make up. I can't smell your level from here, so you'll have to judge what fits you best :). I recommend picking something that's just below your current playing level, so you're not too occupied with WHAT you have to play and can focus on HOW you play.

Etudes I recommend for string crossings:

On this [website](#) you can download all etude books I mention for free.

Beginner

Wohlfahrt 17, 27 or 56

Intermediate

Mazas 11

Advanced

Kreutzer 7

Dont 5

Happy practicing and see you in the next lesson once you've done these exercises daily for AT LEAST one week ;).