#### Upgrade your Violin Bow Technique

10+1 lessons to improve your sound quality on the violin

Bonus Lesson

(ivid (ibrato

## How to use this Fun Sheet?

- 1. Watch the video lesson
- 2. Read through this fun sheet

If you don't remember how to do an exercise exactly, rewatch that bit of the video. Put this fun sheet on your music stand (printed or on your phone).

PRACTICE! Do the exercises daily for at least one week.

Review bits of the video and this fun sheet on a regular basis to make sure your practice leads to perfection.

Celebrate and write down your results and go to the next lesson!

## What you'll achieve:

Learn the left hand side of tone creation: vibrato! Start learning vibrato or improve your current vibrato.

(librato is the most personal part of your violin playing and defines a tone quality that belongs to you alone

# What you've learned:

#### 00:15 What is vibrato and what is it not?

Vibrato is rolling over your fingertip, not sliding, pinching or shaking. **01:43 Vibrato is around the note** 

This means you have to practice an upward and downward motion.

## What you can play with:

# Block 5 minutes a day for vibrato exercises

### 00:45 Big siren

Slide over the whole fingerboard moving your arm, wrist and finger.

Violin Lounge for iClassical Academy

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#### 01:12 Small siren

Make the movement smaller and smaller until you can hold your thumb in the same place. Develop vibrato from this small movement.

**01:43 Upward and downward motion practice in the 5th position** Make fluent movements with your wrist. Do five repeats and after that a long note. Repeat that five times upwards and downwards.

#### 03:07 Rivarde finger pressure exercise

Place your finger softly and flat on the string and roll over your fingertip increasing the pressure on the string. Do this with your finger and not your wrist. Of course your hand and arm move along a bit. Repeat this five times for every combination of finger and string.

#### 04:13 Practice vibrato with a metronome

Start with 16th notes at 60 beats per minute. Slowly move up the tempo until you reach 120 beats per minute. Now you're in full control of your vibrato tempo and can adjust it to the sound you want to create.

## How long does it take to learn a good vibrato?

It takes eight to ten weeks to get a basic vibrato... sometimes. It takes one to two years to create your vibrato sound palette and apply it tastefully to music. Consistency is key in learning and improving your vibrato!

## Just keep practicing, because I know YOU can learn it too!

## Surprise bonus on top of this bonus!!! Christmas is early this year ;)

Oops, we didn't have much time in this bonus lesson, but I want to teach you a lot more about vibrato:

- 4 common vibrato mistakes and how to avoid them
- 4 steps to learning a beautiful vibrato on the violin

<u>Click here</u> to get access to my FREE mini Masterclass 'Learn a Beautiful Vibrato on the Violin'

