Admire and seek council from those that play better than you and be helpful to those that need your help and encouragement.

The best weight you will ever lose is the of others opinion of you.

.....Unknown

The person that works and is never bored is never old. Work and interest in worthwhile things are the best remedy for age.

....Pablo Casals@93

You have heard that practice makes perfect. I say that perfect practice makes perfect.

By failing to prepare,
You are preparing to fail.
.... Benjamin Franklin

You can tell a lot about a musician, by what we see on their music stand.

I don't judge my music, my music judges me. You don't judge my music, My music judges you. For a musician there is only one way to be competitive, and that is with your playing. And it doesn't hurt to be a good person too.

Try holding your instrument only slightly firmer than holding a baby

When you choose your friends, realize that you are choosing your teachers.

....Tony Bennett

Do something to improve yourself every day.

....Tony Bennett

Read the book: The Art Spirit, by Robert Henri

Part of teaching, is helping students to learn how to tolerate the ambiguity, consider possibilities, and ask questions that are unanswerable.

.....Sara Lightfoot

A music teachers' job is to take the advanced student to where they want to be, and not take them to where you want them to be.

.....Mike Vaccaro

Success is not final, and failure is not fatal.
....Winston Churchill

Don't be afraid of what you don't know.

Record yourself on a regular basis. It is a valuable tool.

....Mike Vaccaro